



“Hang around with the people who have just as much, if not more to lose than you do.”  
-Lt. Col. Michael Henderson, US Army

Meet the Teacher: **nate lamphier**—Graduate of upper iowa university (bachelors) & Fort Hays State University(masters)



**Family & Relationships :** wife: kiana; dog: ella (black lab); brother: nick; parents: mark & deb; sister: kellie; 2 newpews (trevor & alec) and one niece (Kendra).

It's Your Birthday , It's your birthday: **may 8, 1981**



**Places I've Lived:** OELWEIN, IOWA, FAYETTE, IOWA, DALLAS, TEXAS, MANHATTAN, KANSAS, BAGHDAD, IRAQ, JUNCTION CITY, KANSAS, AUBURN, IOWA, LAKE CITY

**Life Events:** High school & college graduation, wedding day, deployment



**Best Movies ~**

- o For the love of the game
- o We were soldiers
- o Blackhawk down



**Favorite Music~**

I like/listen to all music



**Books I Like~**

- o Living with honor
- o The gift of valor
- o The scared acre



**Favorite Foods~**

- o Pizza
- o Ice cream
- o Taco Johns



**Sports I watch/play~** Baseball (little league world series, college world series, mlb) football, basketball (college), all the Olympics.



**Where did you attend High School & what activities did you participate in?** Oelwein community high school. Sports, yearbook, newspaper, fca, bpa, big brothers big sisters, DARE

**Someone I look up to & why~** My father. Everything I do today as both a teacher and a coach I credit him for. He was able to teach me (along with hundreds of others) life lessons through sports.

**Hobbies, Interests & What I do when I'm not teaching...** I like to spend time with my family while also getting out and enjoy the outdoors.